



Associació d'Arts Marcials Silat de la Grulla Blanca

Seu Social: C.C. Pedret. c/ Pedret n° 152-156 (17007) - Girona, Espanya. Tel: 972.212.568. e-Mail: pgbcat@gmail.com Site: <http://silat.entitatsgi.cat>

EUROPEAN RETREAT AUGUST 2011

Open to all students.

DATES:

- The 6th of August: arrival to the guesthouse after midday, welcome dinner.
- From the 7th to the 13th latihan every morning and afternoon.
- The 14th, morning latihan and departure after lunch.

PRICE: 350,00 €

payment either at time of course or by bank transference, details below:

- Treasury: Emma Esgleas – cash
- Núria Ribas – bank account
- Bank details:
Account name: Associació d'Arts Marcials Silat de la Grulla Blanca
Bank: La Caixa de Pensions
Nº: 2100 1134 13 0200076133
Payment reference: Name + summer11

LOCATION: Sant Miquel de Campmajor (Girona)

ACCOMODATION (before and after the retreat): in student's houses, please let us know your plan.

AT THE RETREAT the beds will be provided with one sheet, pillow and blanket, please bring a top sheet and a pillow case.

The guesthouse has a swimming pool so you should bring bathing suit!

Places are limited, thanks.

PGB Girona